

Lenten Self-Esteem Questionnaire

The blood of Christ was shed for you.

On the whole, I am satisfied with myself

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

At times I think I am no good at all

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I feel that I have a number of good qualities

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I am able to do things as well as most other people

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I feel I do not have much to be proud of

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I certainly feel useless at times

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I feel that I'm a person of worth

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I wish I could have more respect for myself

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

All in all, I am inclined to think that I am a failure

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree

The blood of Christ was shed for you.

I take a positive attitude toward myself

1. Strongly Disagree 2. Disagree 3. Uncertain 4. Agree 5. Strongly Agree